Activity 5.1 Extreme Makeover: Lifestyle Edition Worksheet

How do peoples' lifestyles contribute to carbon emissions when using organic carbon? In this activity, you will choose what lifestyle you would prefer for four different aspects of life including the transportation you use, the house you live in, the electricity you use, and the food you eat.

In table A, indicate which lifestyle you choose (A, B, C, or D) for each category that you would most like to live.

Station	Write your lifestyle choice for each station here
Transportation	
Home	
Electricity	
Food	

To be completed in Activity 5.2: In table B, indicate which lifestyle you choose (A, B, C, or D) for each category that you would lower your carbon emissions.

Station	Write your lifestyle choice for each station here
Transportation	
Home	
Electricity	
Food	

